## PP1

## **PSYCHOMOTOR ACTIVITIES SCHEME OF WORK TERM ONE YEAR 202**4

V E K	SS O N	STRANDS	S- STRAND	SPECIFIC LEARNING OUTCOMES	KEY INQURY QUESTIONS	CORE COMPETENCE	VALUES	LEARNING EXPERIENCES	LEARNING RESOURCES	ASSESSM ENT	REFL
12	1 1- 5	BASIC MOTOR SKILLS	Locomot ive	By the end of the sub- strand the leaner should be able to: a) Acquire the skills of crawling and swinging for feasibility and strength b) Demonstrate the ability to crawl and swing for enjoyment		Communicatio n and collaboration	Peace Patience Responsibility	<ul> <li>Guide the learners to crawl and swing</li> <li>Learners have opportunity for free performance</li> </ul>	Realia Charts	1.Observ ation 2.Oral questions	
3	1- 5		Locomot ive	By the end of the sub- strand the leaner should be able to: a) Acquire the skills of crawling and swinging for feasibility and strength b) Demonstrate the ability to crawl and swing for enjoyment	Which activity do you enjoy most? 2. Which activity would like to perform? 3. When do you like playing with	Communicatio n and collaboration	Love Respect Unity Peace Patience Responsibility	<ul> <li>Guide the learners to crawl and swing</li> <li>Learners have opportunity for free performance</li> </ul>	Realia	.Observat ion 2.Oral questions	
4	1- 5		Locomot ive	By the end of the sub- strand the leaner should be able to: a) Demonstrate the ability to crawl and swing for enjoyment b) Have fun as they crawl and swing in turns	Which activity do you enjoy most? 2. Which activity would like to perform? 3. When do you like playing with	Communicatio n and collaboration Self efficacy Digital literacy Imaginative and creative	Respect Peace Responsibility	<ul> <li>Guide the learners to crawl and swing</li> <li>Learners have opportunity for free performance</li> </ul>	Realia charts	.Observat ion 2.Oral questions	

5	1- 5	Locomot ive	By the end of the sub- strand the leaner should be able to: a) Acquire the skills of crawling and swinging for feasibility and strength b) Demonstrate the ability to crawl and swing for enjoyment	Which activity do you enjoy most? 2. Which activity would like to perform? 3. When do you like playing with	Communicatio n and collaboration Self efficacy Digital literacy Imaginative and creative	Respect Peace Responsibility	Guide them to observe safety as they perform activities. Guide them on how to deal with emotions. Learners would perform the activities in groups and in pairs	Realia charts	Observatio n
6	1-5	Locomot ive	By the end of the sub- strand the leaner should be able to: a) Demonstrate the ability to crawl and swing for enjoyment b) Have fun as they crawl and swing in turns	Which activity do you enjoy most? 2. Which activity would like to perform? 3. When do you like playing with	Communicatio n and collaboration Self efficacy Digital literacy Imaginative and creative	Respect Peace Responsibility	Guide them to observe safety as they perform activities. Guide them on how to deal with emotions. Learners would perform the activities in groups and in pairs	Realia charts	.Observat ion 2.Oral questions
7	1- 5	Locomot ive	By the end of the sub- strand the leaner should be able to: a) Have fun as they crawl and swing in turns	Which activity do you enjoy most? 2. Which activity would	Communicatio n and collaboration Self efficacy Imaginative and creative	Responsibility	Guide them to observe safety as they perform activities.	Realia charts	.Observat ion 2.Oral questions

				like to perform? 3. When do you like playing with			on how to deal with emotions. □ Learners would perform the activities in groups and in pairs		
8	1-5	Non- locomoti ve	By the end of the sub- strand the leaner should be able to: a) acquire stretching and bending skills for muscle development. b) bending and stretching for body co-ordination		Communicatio n and collaboration	Responsibility	Learners to stretch and bend freely Learners guided to perform stretching and bending activities Organize learners to observe safety precautions as they stretch and bend Learners appreciate own and others talents	Realia	.Observat ion 2.Oral questions
9	1-5	Non- locomoti ve	By the end of the sub- strand the leaner should be able to: a) acquire stretching and bending skills for muscle development. b) bending and stretching for body co-ordination		Communicatio n and collaboration	Responsibility	Learners to stretch and bend freely Learners guided to perform stretching and bending activities Organize learners to observe safety	Realia	.Observat ion 2.Oral questions

						precautions as they stretch and bend Learners appreciate own and others talents		
1 0		Non- locomoti ve	By the end of the sub- strand the leaner should be able to: a) acquire stretching and bending skills for muscle development. b) bending and stretching for body co-ordination	Communicatio n and collaboration	Responsibility	Learners to stretch and bend freely Learners guided to perform stretching and bending activities Organize learners to observe safety precautions as they stretch and bend Learners appreciate own and others talents	Realia	.Observat ion 2.Oral questions
1 1		Non- locomoti ve	By the end of the sub- strand the leaner should be able to a) bending and stretching for body co-ordination b) have fun as they stretch and bend	Communicatio n and collaboration	Responsibility	Learners to stretch and bend freely Learners guided to perform stretching and bending activities Organize learners to observe safety	Realia	.Observat ion 2.Oral questions

			precautions as they stretch and bend Learners appreciate own and others talents	
1       1-       Non-locomoti       By the end of strand the lead should be able         2       5       Non-locomoti       strand the lead should be able         a) bending and stretching for co-ordination       b) have fun as stretch and ber	ner n and e to colla l body they	aboration	RealiaLearners to stretch and bend freelyImage: Construction Image: Construction Derform stretching and bending activitiesOrganize learners to observe safety precautions as they stretch and bend Image: Learners they stretch and bend Image: Learners appreciate own and others talents	.Observat ion 2.Oral questions 3.written questions
1 3 END TERM 1 A	SSESSMENT			